312-4216000-XXX		
三酸甘油酯/單罐(單片包)試片說明書/GlucoRx X6/EN/GlucoRx/		
L250*W288mm/雜誌紙65P/單面/黑/4折(短邊對一折再長邊對三折)完成尺寸L125*W36mm		
JF		
K 100		

# Gluco/Rx X6 Triglycerides **Test Strips**

Use only with GlucoRx X6 Multi-Functional Monitoring System.

#### <u>Warnings</u>

- For in vitro diagnostic use (outside of the body) only.
- For single use only.
- ▶ Healthcare professionals and other users testing multiple patients with this system should handle everything that comes into contact with human blood carefully to prevent transmitting infectious diseases including sanitised objects
- ▶ Please read this manual and your GlucoRx X6 Multi-Functional Monitoring System Owner's Manual before you begin. Only use GlucoRx X6 Triglycerides Test Strips with GlucoRx X6 Multi-Functional Monitoring System to obtain accurate results, and be covered by the manufacturer's warranty.
- ▶ Results may be inaccurate when testing on patients with abnormally low blood pressure, or those who are in shock.
- For patients with impaired peripheral circulation, collection of capillary blood from the approved sample sites is not advised as the results might not be a true reflection of the physiological triglycerides level.
- ▶ Keep test strips and lancets away from young children. If swallowed, consult a doctor immediately.

# Intended Use

GlucoRx X6 Triglycerides Test Strips, when used together with GlucoRx X6 Multi-Functional Monitoring System, allow you to measure triglycerides levels by yourself at home or by healthcare professionals. Users should only obtain fresh capillary whole blood samples from the fingertips. This system should not be used for diagnosis or screening of diseases.

# Limitations

- ▶ Haematocrit: The haematocrit level is limited to between 20% and 55%. Please ask your healthcare professional if you do not know your haematocrit level
- ▶ In vitro L-DOPA up to 0.05mg/dL, dopamine up to 0.125mg/dL, uric acid up to 10mg/dL, ascorbic acid up to 0.05mg/dL, methyl-dopa up to 0.05mg/dL and unconjugated bilirubin up to 20mg/dL showed no interference
- Altitude Effects: Altitudes up to 8.000ft (2.438m) do not affect test results.
- ► Ascorbic acid (vitamin C): Taking preparation with large doses or receiving intravenous infusion of ascorbic acid may affect test results
- During heparin treatment and total fasting, free glycerol can lead to elevated reading.
- Intravenous administration of lipids (fat emulsions in parenteral nutrition) may affect test results. Hand lotions or cosmetics (mostly contain glycerol) may contaminate the blood sample, which may give falsely high results.
- For best results, test in a fasting state (no food or drink, except water, for at least 12 hours).

# Storage and Handling

∧ Do not use the test strips if they have expired.

- > Test strips expire 3 months after first opening. Write the first opening date on the test strip vial when you first opened it. (For strip vial only)
- ▶ Store the test strips in a cool, dry place between 2°C and 30°C (35.6°F and 86°F) and between 10% and 85% relative humidity.
- ▶ Keep the test strips away from direct sunlight. Do not store the test strips in high humidity.
- Store the test strips in their original vial ONLY. Do not transfer them to a new vial or any other containers. (For strip vial only)
- Do not touch the test strips with wet hands
- ▶ Use each test strip immediately after taking it out of the vial or individual foil packet. Close the vial immediately after taking out a strip. (For strip vial only)
- Keep the vial closed at all times. (For strip vial only)
- Do not bend, cut, or alter the test strip

# Strip Appearance

1. Absorbent Hole

Apply blood sample here. The blood will be automatically absorbed.

#### 2. Confirmation Window

This is where you can confirm if enough blood has been applied to the absorbent hole in the strip

3. Test Strip Handle Hold this part to insert the test strip into the slot.

Insert this end of the test strip into your meter. Push it in firmly until it will not

# Calibration

Calibrate the meter every time whenever begin to use a new box of test strips by setting the meter with the correct code. Test results may be inaccurate if the code number displayed on the meter does not match the code printed on your test strip vial label/packet.

#### Code Chip

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1. Insert the code chip with the meter switched off. Wait until a number and "TG" appears on display.

2. Remove the code chip. The display will show "OFF", and then the meter will automatically switch off. Checking the Code Number

Make sure that the number and "TG" displayed on the meter matches the number on your test strip vial label/packet before you proceed. If the numbers match, you can proceed with the test. If they do not match, please stop testing and insert the correct code chip. If the problem persists, contact GlucoRx Customer care for help

# **Testing Your Trialycerides**

PLEASE WASH AND DRY YOUR HANDS BEFORE PERFORMING ANY TESTING. ALWAYS REFER TO THE OWNER'S MANUAL AND LANCET INSERT ON HOW TO COLLECT A BLOOD SAMPLE.

- 1. Insert the test strip fully into the slot of your meter until it will not go any further. When the strip is fully inserted, the meter will perform several self-checks.
- 2. Collect a blood sample with the test strip. Wipe off the first drop of blood with a clean cotton swab. Make sure there is a sufficient quantity of blood in order to provide accurate test results. Apply the blood drop to the absorbent hole of the test strip, and wait until the confirmation window is fully filled. The meter will start counting down. Do NOT apply a smeared blood sample. NEVER try to add more blood to the test strip after the drop of blood has moved away.
- 3. In less than 60 seconds, the meter will display your triglycerides level. The last reading will be automatically saved in the meter. The meter will turn off automatically after the test strip is removed

The used lancet and test strip are potentially biohazardous. Please dispose them carefully according to your local regulations. Please refer to your Owner's Manual for further information

# Reading Your Result

Your triglycerides readings deliver plasma equivalent results and are displayed in millimoles of triglycerides per liter of blood (mmol/L). The measurement unit is based on the actual meter you use.

#### Triglycerides Reference Values

Triglycerides Levels (mmol/L)				
Desirable	< 1.70 mmol/L			
Borderline High	≥ 1.70-2.25 mmol/L			
High	≥ 2.26-5.64 mmol/L			
Very High	≥ 5.65 mmol/L			

Your healthcare professional will recommend an appropriate value that is specific for you. At least two measurements on separate occasions should be performed before a medical decision is made, since a single reading may not represent your usual triglycerides concentration. An elevated triglycerides level is only one of the risk factors for heart disease. There are many others. A triglycerides level less than 1.70 mmol/L is desirable

Source: National Cholesterol Education Program, Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) Final Report, National Institutes of Health, National Heart, Lung and Blood Institute. NIH Publication No. 02-5215, September 2002.

#### Please consult your doctor to determine a target range that works best for you.

#### Questionable or inconsistent results

If your test results are unusual or inconsistent with how you are feeling:

Make sure the confirmation window of the test strip is completely filled with blood.

- · Check the expiry date of the test strips.
- . Check the performance of your meter and test strip with the control solution.
- A If your test results are significantly different from what you expect, or in unusually high or low levels, please repeat the test with a new test strip or contact your healthcare professional.

## Expiry Date Reminder

For your convenience, the expiry date reminder will activate and notify you the number of days remaining until the strip's expiry date shown on the vial label or on the packet. The count down begins from 30 days to 1 day, which will be shown at the centre of the display screen. When you see the date reminder, please use the remaining test strips before they expire.

▲ The error message E-2 will appear in the following situations:

- The test strip is expired:
- . The code chip is expired; or
- On the initial set-up, the date has been set incorrectly on the meter.

If the error message E-2 appears, please repeat the test with a new lot of test strip to get your results.

# **Chemical Components**

Lipoprotein lipase (*Pseudomonas sp.*)  $\ge 0.1 \text{ U}$ Glycerol dehydrogenase (Cellulomonas sp.)  $\geq 0.1 \text{ U}$ Electron shuttle 50% Enzyme protector 8% Non-reactive ingredients 34%

## **Quality Control Testing**

Our control solution contains a known amount of triglycerides that will react with the test strips. If you are concerned your meter or test strips not working properly, you can check the performance of the meter, test strip and your technique by comparing the control solution results with the range printed on the test strip packaging. Please refer to the Owner's Manual for step-by-step guality control test instructions.

A The reference range on the control solution may vary with each new test strips. Make sure you check the range on your strip packaging.

# Additional Information for Healthcare Professionals

Always wear gloves and follow your local biohazard control policy and procedures when performing tests involving patient blood samples. Use fresh whole blood samples only. Sample Size: 3 µL Reaction Time: 60 seconds

System Measurement Range: 0.79 to 6.77 mmol/L

Haematocrit Range: 20% to 55%

#### Accuracy

Accuracy outlines how well the readings from a testing system (meter and test strips) agree with the readings from an internationally accepted reference system (laboratory analyser) and is performed according to an internationally recognised standard. Prepared samples were tested on this meter and compared to the readings from the Cobas C311 analyser.

Triglycerides	n = 480		
Inglycendes	Capillary samples	Range, mean	
Regression	y = 0.9838x - 0.007 R <sup>2</sup> = 0.9726	Range: 0.80 to 6.53 mmol/L Mean: 1.87 mmol/L	

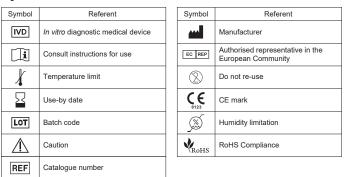
#### User performance

Triglycerides	n = 160		
Thigiyeendes	Capillary samples	Range, mean	
Regression	y = 0.9834x - 0.0072 R <sup>2</sup> = 0.974	5	

#### Precision

Triglycerides	Concentration		
	1.12 mmol/L	3.38 mmol/L	5.64 mmol/L
Mean	1.092	3.294	5.574
SD	0.063	0.193	0.314
CV (%)	5.79	5.86	5.64

## Symbol Information



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CE 0123 (○ IVD ▲ 10%) 00°C REF 2°C TO 4645 For self-testing

