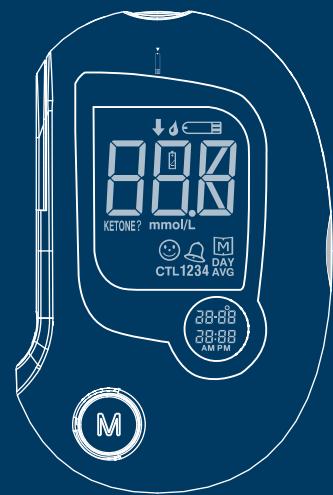


Original GlucoRx TD-4230

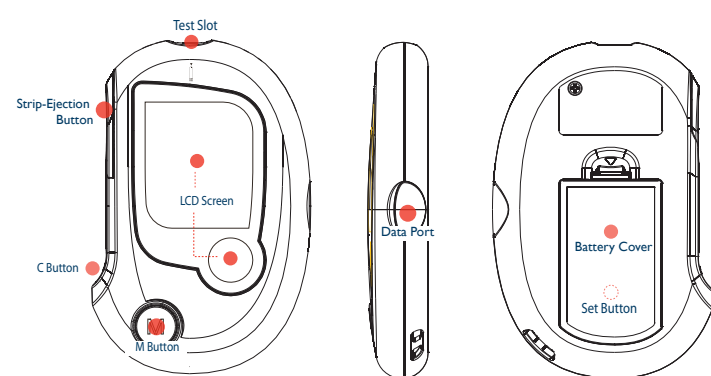
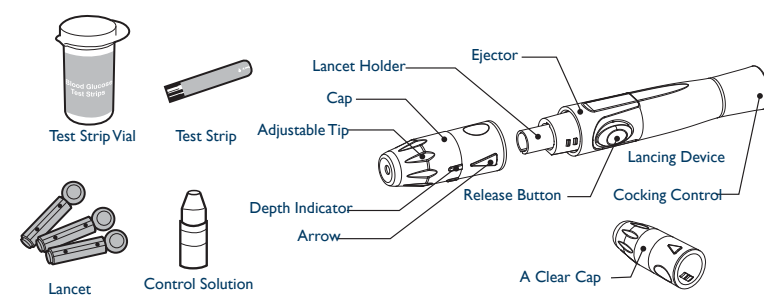
BLOOD GLUCOSE MONITORING SYSTEM First Time User Guide



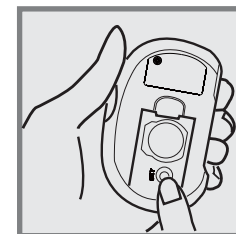
Dear GlucoRx Original TD-4230 System Owner
Thank you for choosing TD-4230 Blood Glucose Monitoring System to manage your diabetes effectively. This system is user friendly, especially for self-monitoring your blood glucose at home. Strip-ejection button and 4 different reminder alarms are features of this system.

Strip-ejection button helps you take out the used strip without touching the strip. It avoids infection from potential biohazard materials. Alarm function reminds you to perform blood glucose test at fixed intervals everyday, which is helpful for glucose management.

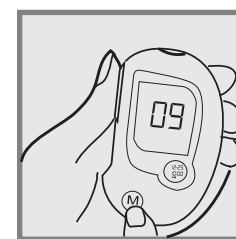
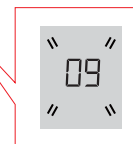
Your First Time User Guide assists you in setting up the system and running the test. Please read it carefully before use. For complete information on system use and features, please refer to the Owner's Manual.



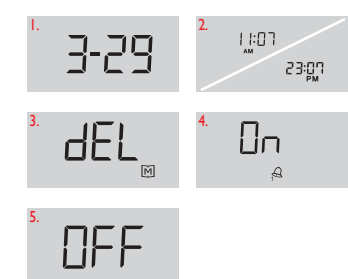
1. Set the meter



I-1 Press the S button to start setting. Year flashes first.



I-2 Press the M button to make changes. Number can be advanced faster by holding down the M button. Press the set button to advance.



I-3 Date flashes. Follow step 1-2 for changes.

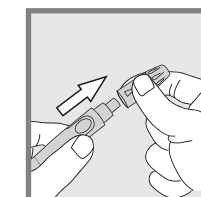
The sequence of settings after date is:

→ time

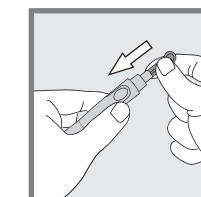
→ memory deletion → alarm function.
The meter will automatically turn off after setting is complete.

For memory deletion and alarm function, please refer to your Owner's Manual for details.

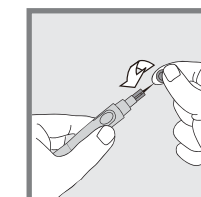
2. Set the lancing device



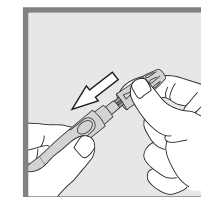
2-1 Pull off the cap of the lancing device.



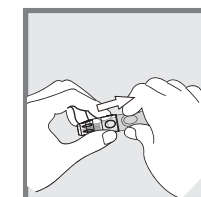
2-2 Insert a lancet into the lancet holder and push down firmly until it is fully in place.



2-3 Twist the protective disk off from the lancet.

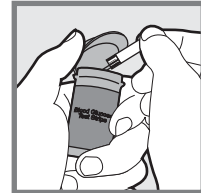


2-4 For blood from fingertip. Replace the cap by aligning the arrow on the cap with the release button. Select the depth of penetration by turning the adjustable tip in either direction so that the arrow on the cap points to the appropriate depth. The longer the length of the indicator line, the greater the depth of penetration. Pull the cocking control back until it clicks. A colour change inside the release button when it is ready.

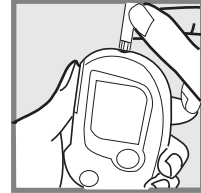


2-5 For blood from the site other than fingers. Replace the lancing device cap with the clear cap. Pull the cocking control back until it clicks.

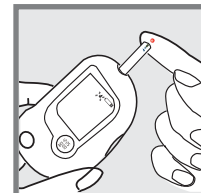
3. Test your blood glucose



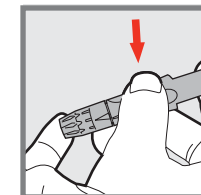
3-1 Wash and dry your hands thoroughly. Take a test strip out and then close the vial tightly.



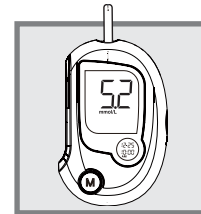
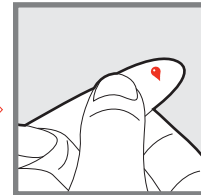
3-2 Insert a test strip to start. You will see the LCD displays sequences of: "CHK" and "flashing" with date and time.



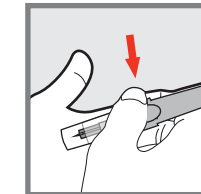
3-5 While is flashing on the display, hold your blood to touch the absorbent hole of test strip until the confirmation window is completely filled.



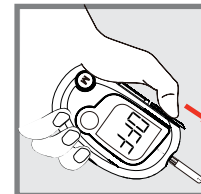
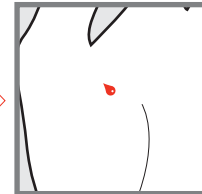
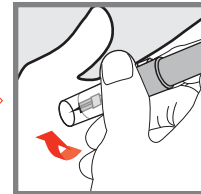
3-3 Get a drop of blood from your finger. Hold the lancing device firmly against the puncture site. Press the release button to get a drop of blood. Go to step 3-5 to apply your blood into the test strip.



3-6 After the meter counts to 0, your test result appears along with date, time, and result indicator, and is automatically stored in the memory.



3-4 Get a drop of blood from a site other than fingers. Hold the lancing device firmly against the puncture site. Press the release button to get a drop of blood. Go to step 3-5 to apply your blood onto the test strip.



3-7 Remove the test strip. The meter then automatically turns off. Discard the used strip and the lancet carefully according to your local requirements.

4. Read your result

When you get the test results from this system, you can check your test results with the following levels to gain better control of your blood glucose.

	Time of day	
	Fasting and before meals	2 hours after meals
Plasma glucose range mmol/L(mg/dl) for people without diabetes	3.5-5.5 mmol/L (63.3 - 100 mg/dL)	Less than 8 mmol/L (145.45 mg/dL)
Children with Type 1 diabetes (NICE 2004)	4-8 mmol/L (72.72-145.45 mg/dL)	Less than 10 mmol/L (181.81 mg/dL)
Adults with Type 1 diabetes (NICE 2004)	4-7 mmol/L (72.72-127.27 mg/dL)	Less than 9 mmol/L (163.63 mg/dL)
Type 2 diabetes (NICE 2008)	4-7 mmol/L (72.72-127.27 mg/dL)	Less than 8.5 mmol/L (154.54 mg/dL)

Diabetes UK's reference:
http://www.diabetes.org.uk/Guide-to-diabetes/Treatment_your_health/Monitoring/Blood_glucose/Blood-glucose-target-ranges/

Please work with your doctor to determine a target range that works best for you.

Your result comes with indicators:
 Lo / Hi / KETONE ?

Lo	KETONE ?	Hi
Appears when glucose is less than 1.1 mmol/L (20 mg/dL)	Appears when glucose is equal to or more than 15 mmol/L (270 mg/dL)	Appears when glucose is more than 33.3 mmol/L (600 mg/dL)

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